



WHAT IS PERIODONTAL/ PERI-IMPLANT DISEASE?

Periodontal Disease (or gum disease) consists primarily of two types: Gingivitis and Periodontitis.

Gingivitis is the mildest form of periodontal disease. It causes the gums to become red, swollen, and bleed easily. Untreated gingivitis can advance to periodontitis.

Periodontitis is an infection of the gum and the bone which surrounds the roots of the teeth. It is a leading cause of tooth loss. With time, plaque can spread and grow below the gum line. The tissues and bones that support the teeth break down. Gums separate from the teeth, forming pockets, or spaces between the teeth and gums, that become infected. This destructive process often has very mild symptoms. Eventually, teeth can become loose and may have to be removed.

Peri-implant disease is similar to periodontal disease but occurs around dental implants.

We can minimize the impact of periodontal or peri-implant disease on your overall health by working together to develop a personalized treatment plan for your specific needs.

TREATMENT OUTCOMES

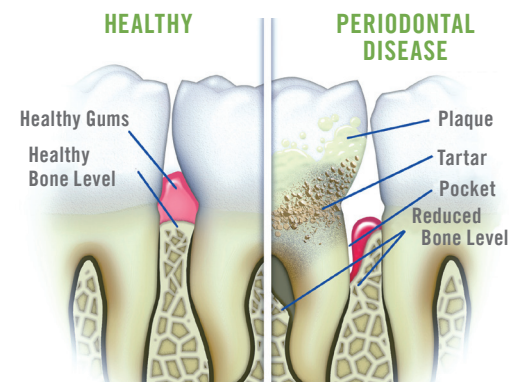
Periodontal & peri-implant treatment is an investment in your total oral health and a means of preventing tooth or implant loss and avoiding the costs of replacement. By seeking prompt treatment, practicing good oral hygiene, and receiving regular dental care, you can retain your good oral health for a lifetime.

WHY IS ORAL HYGIENE IMPORTANT?

It is estimated that about half of Americans 30 years or older have some form of periodontal disease. This equals approximately 64.7 million Americans, and the prevalence only increases in adults aged 65 and older to 70.1 percent.*

Adults over 35 lose more teeth to periodontitis than to cavities. The best way to prevent cavities and periodontal/peri-implant disease is by good tooth brushing and flossing techniques, performed daily and routine visits with your dentist.

* Study from the Centers for Disease Control and Prevention (CDC)



IF YOU NOTICE ANY OF THE FOLLOWING SIGNS, SEE YOUR DENTIST IMMEDIATELY:

- Gums that bleed easily
- Red, swollen or tender gums
- Gums that have pulled away from teeth or implants
- Pus between teeth or implants and gums when the gums are pressed
- Persistent bad breath or bad taste
- Permanent teeth or implants that are loose
- Changes in the way teeth fit together when you bite
- Changes in the fit of partial dentures



A nice smile makes all the difference.

PERIODONTICS & IMPLANT SURGERY



WELCOME!

Our board-certified periodontists specialize in the prevention, diagnosis, and treatment of diseases affecting the gums and supporting structures of the teeth as well as the placement and maintenance of dental implants.

We take the teamwork approach to patient care by working closely with you and your general dentist to develop a total oral health program that maximizes the benefit to you.

We utilize the most current techniques and materials in an atmosphere that provides personal attention and gentle, conservative care. We emphasize educating our patients about their oral health needs. We know from experience that well-informed patients participate more effectively in their treatment plan.

A Team Committed to Excellence.



Our Periodontic Specialists

Periodontists receive three additional years of education beyond dental school, specializing in the structures surrounding the tooth and the placement of dental implants. They are current with the latest techniques for diagnosing and treating periodontal or peri-implant disease and are also trained in performing cosmetic periodontal procedures. In addition, they provide support that helps facilitate restorative, orthodontic, and prosthetic services.

All of our doctors are certified in Moderate Conscious Sedation (oral and IV) to help provide you with the most comfortable treatment possible. We also utilize Certified Registered Nurse Anesthetists for a more comprehensive and thorough experience.

CARL M. BLOCK, DDS, FASO

BOARD CERTIFIED PERIODONTIST AT OUR MIDLOTHIAN LOCATION

Dr. Block attended the University of Arizona for his pre-doctoral training, followed by a one-year internship at Baylor College of Dentistry. He received his doctorate in dental surgery degree from the Medical College of Virginia in 1989, graduating Cum Laude. His surgical residency training was completed at Louisiana State University School of Dentistry. He started and maintained his own practice for almost 25 years before joining the team at Virginia Family Dentistry. He has taught as an adjunct clinical professor at VCU School of Dentistry's Department of Periodontics since 1991 and is active in clinical and scientific research.

DENVER LYONS, DDS

BOARD CERTIFIED PERIODONTIST AT OUR STAPLES MILL LOCATION

Dr. Denver Lyons grew up in Winchester, Virginia, and graduated from the University of Virginia. He went on to the Virginia Commonwealth University, School of Dentistry where he earned his DDS degree, graduating Magna Cum Laude. Following dental school, he remained at VCU to complete a Master of Science in Dentistry and to obtain a specialty certificate in Periodontics. Denver, as he is known by his patients, was initially interested in medicine but was drawn to dentistry by his childhood dentist and mentor. Prior to dental school, he worked as an assistant in the department of Graduate Periodontics at VCU.

DANIELLE MCCORMACK, DDS, MSD

BOARD CERTIFIED PERIODONTIST AT OUR CHESTER LOCATION

Dr. Danielle M. McCormack was born in Miami and raised on the west coast of Florida in Port Charlotte. She is a graduate of Florida State University where she earned her Bachelor of Science in Biology with a Minor in Chemistry. Dr. McCormack then moved to Richmond to attend dental school at Virginia Commonwealth University School of Dentistry. After earning her Doctor of Dental Surgery degree, she stayed at VCU and entered the three year specialty residency program in Periodontics to earn her Masters of Science degree. Dr. McCormack continues to teach part time as adjunct faculty at VCU while caring for her own patients at Virginia Family Dentistry.



ERIN PORTER, DDS, MSD

BOARD CERTIFIED PERIODONTIST AT OUR MECHANICSVILLE & IRONBRIDGE LOCATIONS

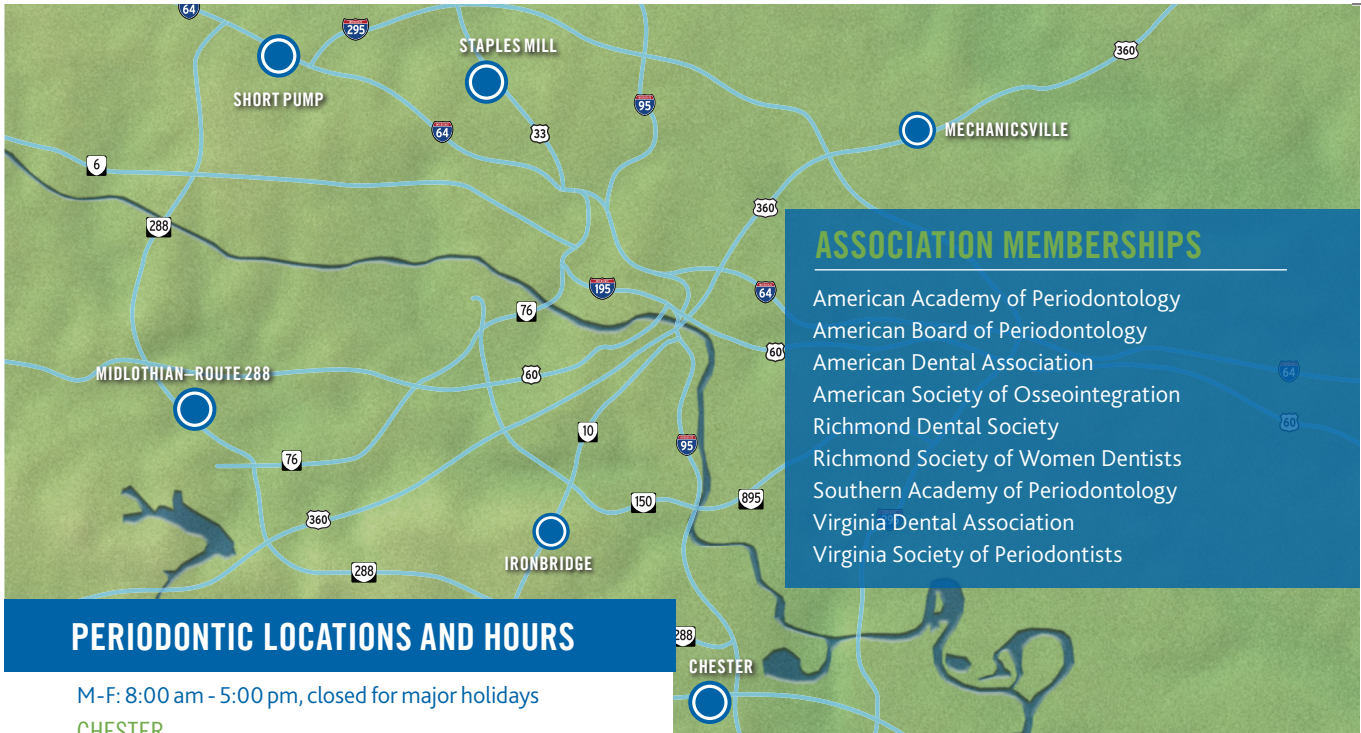
Dr. Erin Block Porter grew up in Midlothian, Virginia, and attended the University of Oregon for her undergraduate degree. She attended the Virginia Commonwealth University School of Dentistry for her DDS degree and then continued at VCU to complete her surgical residency training in Periodontics and dental implant surgery. For a year following residency, Dr. Porter worked in a private practice office specializing in Periodontics and dental implants in the Tidewater area. She enjoys connecting with her patients and being an advocate for their oral and overall health and well-being.



STEPHANIE VOTH, DDS, MSD

BOARD CERTIFIED PERIODONTIST AT OUR SHORT PUMP LOCATION

Dr. Stephanie Voth was born and raised in Virginia Beach and attended the College of William and Mary where she graduated Summa Cum Laude with degrees in Biology and Music. Dr. Voth then came to Richmond to study dentistry at the Medical College of Virginia at VCU where she graduated Summa Cum Laude. She then completed a residency in Advanced General Dentistry and Periodontics Specialty residency at VCU where she earned her Master of Science. She is an adjunct clinical professor in the VCU Periodontics Department and is a multiple-year recipient of the Our Health Magazine's "Best Bedside Manner" award.



ASSOCIATION MEMBERSHIPS

- American Academy of Periodontology
- American Board of Periodontology
- American Dental Association
- American Society of Osseointegration
- Richmond Dental Society
- Richmond Society of Women Dentists
- Southern Academy of Periodontology
- Virginia Dental Association
- Virginia Society of Periodontists

PERIODONTIC LOCATIONS AND HOURS

M-F: 8:00 am - 5:00 pm, closed for major holidays

CHESTER

2601 Swiftrun Road, Chester, VA 23831
T: (804) 751-0300

IRONBRIDGE

6441 Ironbridge Road, North Chesterfield, VA 23234
T: (804) 743-8166

MECHANICSVILLE

6353 Mechanicsville Turnpike, Mechanicsville, VA 23111
T: (804) 730-3400

MIDLOTHIAN—RT. 288

14001 Charter Park Drive, Midlothian, VA 23114
T: (804) 379-1011

SHORT PUMP

12040 W Broad St, Henrico, VA 23233
T: (804) 364-7010

STAPLES MILL

10140 Staples Mill Road, Glen Allen, VA 23060
T: (804) 672-4900



APPOINTMENTS

Please plan for your initial appointment to take one hour. In order to serve you efficiently, scheduled appointments are requested for all consultations and procedures except emergencies.

We will make every effort to be on time for all our patients and ask that you extend the same courtesy to us. If you are unable to keep a scheduled appointment, please notify us in advance so we may offer this time to another patient.

INSURANCE

As a courtesy to our patients, we will complete and file insurance forms relative to dental services; however, unlike medical insurance, dental insurance does not usually cover 100% of the charges incurred. We will be happy to determine the benefits allowable under your insurance policy to the best of our knowledge. Whenever insurance requires a predetermination of benefits before the work is started, we will submit to the insurance company a treatment sequence with estimated fees so that you will be better aware of your coverage. Please provide us with your insurance card and photo ID at your initial appointment.