

Pediatric Airway Treatment

WHAT YOU NEED TO KNOW



Children who chronically breathe through their mouth and/or persistently snore can be at risk for a broad range of health issues including:

- Chronic allergies
- Inflammatory diseases
- Prolonged bedwetting
- Attention Deficit Hyperactivity Disorder (ADHD)

These issues can stem from a child's *poor development of the jaws and teeth*, with children between the ages of 2-6 at a higher risk. By correcting these problems, *we can enhance airway health and reduce these issues* in children and associated concerns that develop as they become adults.

In a child, the upper jaw bone develops properly when he/she breathes through the nose and the tongue is resting naturally on the roof of the mouth.

Improper breathing can also lead to other developmental problems including:

- Narrow and collapsed or high palate
- Crowded teeth
- Narrow dental arches
- Jaws that shift backward
- Facial changes making breathing through the nose even more difficult
- Cognitive and behavioral issues from air constriction which can prevent the body from properly oxygenating organs



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TREATMENTS

Early diagnosis and treatment can be beneficial to normalize the bone structure and optimize a child's ability to breathe easily.

Sleep disordered breathing can be treated with:

- Medications
- Removal of the tonsils and/or adenoids
- Growth guidance therapies
- Early orthodontics

ETHAN PURYEAR, DDS, MSD

Dr. Ethan Puryear was born and raised in Wadesboro, NC. After receiving his undergraduate degrees from NC State University and University of NC, Greensboro, Dr. Ethan worked full-time for the YMCA where he developed a passion for working with children. He is known for his quick wit, song leading skills, and ability to create fun wherever he goes.



Dr. Puryear has advanced training in the area of Pediatric Airway Treatments. He can diagnose with confidence, and treat with procedures and therapies for positive results for your child.

LOCATIONS AND APPOINTMENTS

M-F: 8:00 am - 5:00 pm, closed for major holidays

HUGUENOT PEDIATRIC & ORTHODONTIC SPECIALTY CENTER

1801 Huguenot Road, Midlothian, VA 23113

T: (804) 362-2400

IRONBRIGE-COURTHOUSE

6441 Ironbridge Road, North Chesterfield, VA 23234

T: (804) 743-8166

Scheduled appointments are requested for all consultations and procedures except emergencies. Please bring your photo ID and insurance card to your initial appointment.

Our pediatric dentists are not billed as specialists and there are no referrals needed. As a courtesy we will complete and file insurance forms relative to dental services. We will be happy to determine the benefits allowable under your insurance policy to the best of our knowledge.



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